**Neurodiversity Celebration Week 18th – 24th of March**

This week we are proud to shine a light on Neurodiversity, but what is Neurodiversity?

This term refers to the idea that the neurological differences such as autism, ADHA, dyslexia and others, are all natural variations of the human brain, rather than defects or disorders that need to be fixed or cured. Having a neurodiverse brain can be a gift, as so many great actors, artist and scientists have a neurodiversity. For example, here are a few names you may recognise, Tim Burton – Film Director, Steve Jobs – Former CEO of Apple, Sir Isaac Newton – Mathematician, Astronomer & Physicist, Elon Musk – Car giant and Billionaire, Billie Eilish – Singer, Will Smith – Actor, and Daniel Radcliffe – Actor (Harry Potter). The list goes on and on, so what can you take away from this; if anything, it is that having a neurodiversity is not a thing you have to fix, it is in so many ways a positive gift of creativity and out of the box thinking. So, embrace and celebrate the diversity of our brains and minds and the unique ways we think, as this brings a different perspective of the world we live in.

By promoting understanding and acceptance of this unique trait, where all individuals, regardless of neurological makeup, can thrive and contribute their gift to the world, is the aim. As history and the present has taught us, we can all thrive whomever we are, so don’t be afraid to shine, even if we do think a little differently, we have a lot to give!

Lorraine Gibson

Community Involvement Team